

# 10 things to do before you die



'Helping people to find love and a relationship that will last the test of time is my brief when a new client sits down in front of me ... this is my vocation in life and I love it!' says Sharon Kell, CEO of Coco Moon and qualified life and relationship coach.

**Previously heading up Orange and other blue chip companies, Sharon has an impeccable pedigree – responsible for bringing in coaching skills into the telephony environment making ground-breaking changes, her track record is truly impressive.**

Sharon lives with her husband Stephen and daughter Victoria in Ponteland, Northumberland.

**1** My line of work is my real passion. There is nothing more rewarding than knowing I am supporting people in their quest to find love. I often feel quite humbled knowing that I am trusted with the most precious thing of all, my clients' hearts, and this gives me immense personal pleasure and job satisfaction. I want to continue growing Coco Moon, supporting many more people to find their soulmates. My goal is to expand Coco Moon across the UK and then into Europe and eventually further afield into the international market too.

**2** I love music and have had a few half hearted attempts at playing many things yet never mastered any instrument properly. My daughter plays the piano and I play a mean Rolf Harris xylophone – I need to swop the mini hand-held keyboard for a Bechstein!

**3** My husband and I were married in 2005. We were lucky enough to visit the Burj al Arab in Dubai for our honeymoon. It was truly magical, extravagance at its best and an experience of a lifetime which we have promised we will repeat before we die.

**4** Relationship coaching is vastly misunderstood and is still a relatively new concept in the UK. Coaching has so much potential to help us understand how we can have the relationships we want. Before I die I would like to feel confident that I have contributed to the education and understanding process, spreading the word and letting people see for themselves the benefits coaching brings. Right

now I recognise nobody loves my coaching baby like me and my journey to get relationship coaching right out there is still very much work in progress.

**5** I have a great passion for good food, great conversation and the odd glass of wine or two. My culinary skills are probably average and I'd really like to be able to cook better and have the confidence to experiment more. I'd love to drive over to France with my soulmate in our old MG Midget and spend a few days in a rural castle being taught new cooking skills.

**6** I've been a passenger in a helicopter a few times, and been wowed by the experience on more than one occasion. I have a burning desire to be able to take to the air myself, become a qualified pilot and have my very own helicopter.

**7** My dad passed away last summer. He was my hero and I miss him dearly. Brought up in a very humble Irish background, my father was one of eighteen children; understandably his childhood and younger life were at times really tough. I began writing a book last year when my father was very ill. I found writing things down very comforting and a great escapism when spending long periods of time visiting him in hospital. The stories of his past, the humorous element and irony of how he grew up, started off in married life to how he spent their latter years were what we kept us going when we burnt the mid-night oil. The fact we could laugh so hard at such a sad time, is probably testament to the great sense of humour our family enjoys. The stories, laughter and tears are the stuff best-sellers are made of and I've often commented if you could bottle them you could touch so many people. One day I will finish my book ...

**8** Giving back. This sounds like such a cliché, but after seeing the nurses battle to make my father's life more comfortable, it is very important to me to be able to sponsor the running costs of the high dependency unit at the RVI in Newcastle. We donated our wedding presents to the unit to raise funds, but it literally is a drop in the ocean.

**9** Since being a child I've always loved days out at the races. My father was a keen racing fan and we would travel the length and breadth of the UK for race meetings, making a family day out of the occasion. Oooh I would so love to have a share in a race horse!

**10** And finally, to have my first Coco Moon wedding! The hat is ready and I have my hanky tucked in my sleeve ....